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Nota di bibliografia	Includes bibliographical references (p. 233-249) and index.
Nota di contenuto	What does it mean to matter? -- Mattering matters -- Researching mattering : an overview -- Mattering and anti-social behavior -- Mattering and self-destructive behavior -- Inducing mattering.
Sommario/riassunto	Mattering - the sense that one makes a difference in the lives of others - is the most powerful motivator within the self-concept. Gregory Elliott explores the effects of mattering to one's family on adolescent behaviour.