

1. Record Nr.	UNINA9910876550903321
Titolo	Group psychotherapy and addiction // edited by Bill Reading and Martin Weegmann
Pubbl/distr/stampa	London ; ; Philadelphia, : Whurr, 2004
ISBN	1-281-84080-7 9786611840808 0-470-71354-2 0-470-71374-7
Descrizione fisica	1 online resource (262 p.)
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Disciplina	616.86 616.860651
Soggetti	Substance abuse - Treatment Group psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 225-241) and index.
Nota di contenuto	Group Psychotherapy and Addiction; Contents; Contributors; Preface; Acknowledgements; Chapter 1 Addiction as an attachment disorder: implications for group psychotherapy; Attachment and group therapy; Group treatment of substance abuse; Attachment-oriented therapy; Addiction and the working alliance; Conclusions; Chapter 2 Group psychotherapy as a corrective for addictive vulnerability; An evolving perspective (1970-1980); Group therapy as a corrective (1980-2000); How do groups work?; Conclusion; Chapter 3 Alcoholics Anonymous: group therapy without the group therapist AA: the historical matrix Leaderless groups: the fellowship concept; AA: corrective group dialogue?; Group climates; Resistance and reluctance to AA; Conclusions; Chapter 4 Matching group therapy to patients' needs; Group therapy in stepped care; Decision to change (step 2); Treatment conditions in relapse prevention (step 3); Group psychotherapy for demanding patients (step 4); Conclusions; Chapter 5 Motivational enhancement in group therapy; Motivational interviewing: a relational perspective; Motivational interviewing and enhanced role

security

Group therapy: removing obstacles to engagement; Group therapy and enhancing motivation; The group as a motivational matrix; Articulating ambivalence; Process or content: doing or being; Concluding comments; Chapter 6 Interpersonal group therapy in intensive treatment; Cognitive analytic therapy as a unifying model; Addiction; Elements of the treatment programme; 12-step involvement and interpersonal group therapy; Coping skills training and interpersonal development; Managing anxiety; Voices in the treatment setting; Bakhtin and difference

Chapter 7 A relapse prevention group for problem drinkers; The context; The group programme; The group culture; Selection and preparation of clients; Structure of group sessions; The format of the group; Theme-centred interaction method; Individual vulnerability factors on the relapse prevention curriculum; A variety of approaches to implementation; The relapse prevention group programme; Life beyond the relapse prevention group; Return to Cognac; Chapter 8 One-off art therapy in in-patient detoxification; Client group; Psychodynamic approaches within multidisciplinary teams

A background to art therapy group work with addictions; Therapeutic framework; Theories of addictions; Brief encounters; Visual and verbal communications; 'Ships that pass in the night'; Interpretative approach; Themes; Conclusion; Chapter 9 Acting for Change: the evolution of a psychodrama group; Alcohol dependence - the condition or syndrome; Therapeutic context; Acting for Change within the new model; Conclusion; Chapter 10 The family as group; The case of the O'Neill family; Dynamic processes; Psychotherapeutic groups for relatives; Conclusion; Appendix

Chapter 11 Working with gay men in an alcohol support group

Sommario/riassunto

Rich traditions of group therapy permeate the substance misuse field - from residential and day-centre group programmes and the fellowship group tradition to the panoply of support/education and relapse prevention groups offered by out-patient services. There are specialist groups - e.g. art therapy and psychodrama- and groups for special population- e.g. relatives, prisoners and adult children of alcoholics. This important collection is written by many well-known experts, several renowned on the international stage, with perspectives from the UK, USA and Scandinavia. They share their extens
