

1. Record Nr.	UNINA9910866581303321
Titolo	An Integrated Approach to Perinatal Depression and Anxiety in Spanish-Speaking and Latina Women // edited by Sandraluz Lara-Cinisomo
Pubbl/distr/stampa	Cham : , : Springer Nature Switzerland : , : Imprint : Springer, , 2024
ISBN	9783031578243 9783031578236
Edizione	[1st ed. 2024.]
Descrizione fisica	1 online resource (233 pages)
Disciplina	362.208968073
Soggetti	Psychology Public health Mental health Counseling Clinical psychology Psychiatry Behavioral Sciences and Psychology Public Health Mental Health Counseling Psychology Clinical Psychology Perinatologia Psicologia clínica Dones Ansietat Llatinoamericans Llibres electrònics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Chapter 1. Why an Integrated Approach to Perinatal Depression and Anxiety Is Necessary: An Introduction to the Book -- Chapter 2. Anxiety and Worry During the Perinatal Period: Why They Cannot Be Ignored --

Chapter 3. Protective Factors Against Depression and Anxiety Among Latinas and Spanish-Speaking Women -- Chapter 4. Depression and Anxiety in Women Pursuing Fertility Treatment in Spain -- Chapter 5. Perinatal Mental Health in Women Living in Mexico During Periods of Crises: Experiences of an Earthquake and the COVID-19 Pandemic -- Chapter 6. Maternal Mental Health and Newborn Intensive Care Units: Regional Experiences in Argentina. Chapter 7. Perinatal Anxiety and Mother-Infant Health in Chile -- Chapter 8. Culturally Sensitive Interventions for Latinas and Spanish-Speaking women -- Chapter 9 -- Diagnosing and treating perinatal depression and anxiety in Spanish-Speaking and Latina/Latinx women in the U.S -- Chapter 10. Studying Biomarkers to Assess Perinatal Depression -- Chapter 11. Advancing Research in Perinatal Mental Health in Spanish-Speaking Latin American Women -- Chapter 12. Developing a Culturally Responsive Mental Health Workforce for Spanish-Speaking and Latina/Latinx Birthing People with Perinatal Depression and Anxiety.

Sommario/riassunto

This book makes a significant contribution to the literature by adopting an integrated perspective on perinatal depression and anxiety among Spanish-speaking and Latina women. These groups are often overlooked in research and face barriers to diagnosis and treatment. This groundbreaking book compiles essential and timely insights into the factors associated with perinatal depression and anxiety among Spanish-speaking and Latina women. It delves into crucial themes, such as migration-related experiences. Additionally, it explores policies in Latin America aimed at addressing maternal mental health needs. Furthermore, the book provides fundamental knowledge on tailoring culturally and linguistically appropriate interventions for perinatal depression and anxiety among Spanish-speaking and Latina women. Recognizing the significance of context, it offers perspectives on the effects of natural disasters and health crises on perinatal mental health and mother-infant bonding. The book advocates for the development of a research and mental health workforce attuned to the diverse needs of Spanish-speaking and Latina/Latinx perinatal women. It also discusses the value of biomarkers in perinatal depression research. In sum, this book brings together topic experts from across the globe to provide a more holistic approach to perinatal depression and anxiety. Key topics covered include: Anxiety and Worry During the Perinatal Period: Why They Cannot Be Ignored Protective Factors Against Depression and Anxiety Among Latinas and Spanish-Speaking Women Culturally Sensitive Interventions for Latinas and Spanish-Speaking Women Advancing Research in Perinatal Mental Health in Spanish-Speaking Latin American Women Developing a Culturally Responsive Mental Health Workforce for Spanish-speaking and Latina/Latinx Birthing People with Perinatal Depression and Anxiety An Integrated Approach to Perinatal Depression and Anxiety in Spanish-Speaking and Latina Women is pertinent reading for individuals interested in pursuing a degree and profession in perinatal mental health, clinicians working with Spanish-speaking and Latina/Latinx perinatal women, researchers interested in working with Spanish-speaking and Latina/Latinx perinatal women, and educators training individuals pursuing a degree and profession in perinatal mental health.
