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Altri autori (Persone)	LessenichStephan RothermundKlaus
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Nota di contenuto	Chapter 1: No future? Age and ageing in the "ageing society" -- Chapter 2: Procedure and Data Basis -- Chapter 3: Views on Ageing -- Chapter 4: Future action and ageing preparation -- Chapter 5: Time structures of aging: Acting old age between everyday abundance of time and biographical time poverty -- Chapter 6: Age(ing) as Future - Future of Age(ing).
Sommario/riassunto	Contemporary societies are aging – but what does that mean? Is this something bad? And can societies age as a whole? By bringing together psychological, gerontological, and sociological findings, this open access book opens up a hitherto unique, multifaceted, and realistic view of the phenomenon of old age and the process of aging. The volume is based on the results of the project “Ageing as Future”, a long-term project network (2007-2021) involving a total of more than 30 scientists worldwide. The focus of the project was threefold: A first

issue was concerned with how views on aging influence development in old age; secondly, the project analyzed determinants and consequences of provision for old age; and thirdly, it investigated the different ways in which aging is shaped by managing time in old age. For more than a decade, the authors conducted quantitative and qualitative studies, involving large samples from three different continents. The results show that one-sided views of old age – whether negative stereotypes or positive exaggerations – do not do justice to the complexity of the experience of aging. Based on these results, the authors plead for individual and societal acceptance of the social fact of aging – and for the right to live an autonomous and dignified life in old age just as in other phases of life. Ageing as Future: A study by the Volkswagen Foundation presents findings from a unique large international study that are of interest to aging researchers around the world: academically, socio-politically, practically, and personally. Whether old or young, the book encourages one to question one's own views of aging. When reading this book, it becomes obvious that old age is a highly diverse experience, depending on a host of societal and individual factors. .
