Record Nr. UNINA9910961082303321 Autore Weeks Philip <1979-> Titolo Painful bladder syndrome: controlling and resolving interstitial cystitus through natural medicine / / Philip Weeks London; ; Philadelphia, : Singing Dragon, 2013 Pubbl/distr/stampa **ISBN** 9781283906104 1283906104 9780857010896 0857010891 Descrizione fisica 1 online resource (194 p.) Disciplina 616.6/2 Soggetti Bladder - Diseases - Alternative treatment Bladder - Diseases - Diet therapy Interstitial cystitis - Alternative treatment Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references and index. Nota di bibliografia Nota di contenuto Painful Bladder Syndrome: Controlling and Resolving Interstitial Cystitis through Natural Medicine; Disclaimer; Introduction; Part I Understanding Painful Bladder Syndrome; 1. What is Painful Bladder Syndrome?; 2. Diagnosing Painful Bladder Syndrome; 3. Conventional Painful Bladder SyndromeTreatment Methods: 4. Holistic Medical Perspectives on the Causes of PBS; 5. Painful Bladder Syndrome and Diet; Summary; Part II Managing Painful Bladder Syndrome; 6. Diet and the Gut; 7. Detoxification; 8. Necessary Nutrients; 9. Testing; 10. Taking the Fear Out of Flare-ups; 11. Acupuncture 12. AdaptogensConclusion; Endnotes; Bibliography; Resources; Index; Blank Page Sommario/riassunto Painful bladder syndrome is a common and highly debilitating condition that Western medicine finds notoriously difficult to treat. Blending ancient and modern holistic medical traditions from both East and West. Philip Weeks guides the reader through the process of managing their symptoms effectively using a simple yet powerful combination of natural techniques, nutrition and herbal medicine.

Applying his deep understanding of the principles of Ayurvedic and

Chinese medicine, he provides holistic medical perspectives on the causes of PBS, as well as clear explanations of specific holistic meth

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Autore Guha Samapti

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Nota di contenuto Introducing Women in Management -- Review of Recent studies on

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Directions of Women in Management.

Sommario/riassunto This book explores the status of women representation in management

in Indian industries. Recognizing that women managers are facing barriers in achieving top level of management positions in industries, it

adopts unique methodology of involving men and women managers as respondents to understand the key issues of gender diversity, glass ceiling, glass walls, glass cliffs, and gender inequality in the Indian corporate scenario. The book, via its six chapters, explores these key issues through the lens of feminist theories under four dimensions personal, work, organisational and social – and contains an extensive literature review to understand the root causes of these issues. Secondly, it discusses a pilot study conducted to understand the perspectives about career growth of women managers. Outcome of this pilot study works towards conceptualising factors under four dimensions, mentioned above, influencing women participation in management, and to develop survey tools for further quantitative study. Thirdly, for the empirical analysis, the book employs exploratory factor analysis (EFA) to identify factors under each of these four dimensions; and structure of the relationship between factors and women representation in management is confirmed by the confirmatory factor analysis (CFA). This book is beneficial for several stakeholders as it is a multidimensional study. It is useful for the undergraduate and post graduate students and research scholars of management, social sciences (such as economics, gender studies, psychology, political sciences, sociology etc), law, medicine, and engineering. Apart from this, it is also useful for corporate executives, decision makers of corporate governance, women elected representatives, administrators, development practitioners, teachers, legal experts, international agencies like UN who are working on women empowerment, and all those agencies working towards meeting SDG5 goal.