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Nota di contenuto	Stress, Resilience, and Coping / Rachel N. Ward, Abbie J. Brady, Rebekah Jazdzewski, and Matthew M. Yalch -- Resilience and Reducing Self-Destructive Behaviors / Bruce Bongar, Kristen J. Vescera, Paola Mendoza-Rivera, and Rachel Bacigalupi -- Resilience and Mental Health / Amanda Wallick, Anna Feinman, Jacie T. Brown, and Lisa M. Brown -- Cherishing and Psychological Well-Being: Some Empirical Observations / Pratihtha Bhattacharyya and Rabindra Kumar Pradhan -- Social Support and Emotion Regulation as Predictors of Well-Being / Meera Padhy and Padiri Ruth Angiel -- The Role of Perceived Hope in Harmony in Life among Czech and South African Adults / Alena Slezackova, Tharina Guse, and Tomas Prosek -- Difficulties in Emotion Regulation as a Barrier to Resilience: Therapeutic Implications / Parwinder Singh -- Assessment of Coping with Stress: A Short Version of a Coping Strategy Indicator (CSI) in Peruvian Adults / Cesar Merino-Soto and Arturo Juarez-Garcia -- Are You Satisfied with Your Care? A Study to Examine

the Predictors of Indian Cancer Patients' Satisfaction with Their Medical Consultation / Shweta Chawak and Mahati Chitterm -- Self-Efficacy and Resilience: Correlates of Happiness and Well-Being Among Adolescents with Disability / Swati Patra -- Resilience, Coping, and Chronic Illnesses in the Workplace / Manisha Sawhney and Julijana Nevland -- Resilience and Suicide Risk / Renata Sargon, Marissa N. Eusebio, Rachel Bacigalupi, Kevin Rodriguez, and Bruce Bongar -- Systemic Analysis of Family Resilience / Alexander V. Makhnach and Anna I. Laktionova -- Resilience and Successful Aging in the Elderly: Exploring the Indian Scenario / Shubhangi Goswami and Rabindra Kumar Pradhan -- Making of a Resilient Student: Tracing Challenges and Interventions / Samridhi Ahuja, Ayesha Saha, and Updesh Kumar -- Teachers' Resilience: An Empirical Investigation Based on Demographic Profiles / G.N. Sumathi, R. Arthi, and Feba Thomas -- Community Resilience and Place Identity / Jhuma Mukhopadhyay, and Shubhangi Goswami -- Resilience and Well-Being in Sports / Mohita Junnarkar, Sanjeev P. Sahni, and Shivjot Gill -- Positive Emotions at Workplace / Archana and Updesh Kumar -- Navigating Through the Thunderstorm: Understanding and Developing Leadership Resilience at Workplace / Surendra Kumar Sia and K. Alphonsa Jose -- Promoting Workplace Health: A Positive Occupational Health Psychology Perspective / Aishwarya Jaiswal, Yogesh Kumar Arya, and Tushar Singh -- Linkage Among Work-Life Balance, Psychological Capital, and Life Satisfaction: Testing a Spillover-Crossover Model Among Indian Dual-Working Couples / Nidhi Bansal and Upasna A. Agarwal -- Validation of Resilience at Work (RAW) Scale: An Insight from an Indian Sample / Pooja Garg and Han Ki-Soon -- Can Meaningful Work Mitigate the Impact of Technostress Creators? Evidence from India / Monalisa Mahapatra, Surya Prakash Pati, and Rabindra Kumar Pradhan -- Antecedents and Consequences of Employee Well-Being: A Theoretical Framework / Lopamudra Hati, and Rabindra Kumar Pradhan -- Psychological Flexibility: An Overview and Avenues for Application in the Military / Swati Mukherjee and Updesh Kumar -- Psychological Resources of Resilience to Terrorist Threats / Nadezhda N. Kazymova, Nadezhda V. Tarabrina, and Julia V. Bykhovets -- Terrorism, Emotion, and Well-Being / Catalina Udani, and Jonathan Matusitz -- Post-Traumatic Growth: Positive Transformation beyond Resilience / N.D.S. Naga Seema -- Post-Traumatic Growth Following the Transition to Motherhood: Investigating the Role of Social Support / Jillian M. Millar and Julie Ann Pooley -- The Utility of Adventure Programming for the Development of Resilience and Related Constructs: Examples from Adolescent, Corporate, and Clinical Contexts / Conrad S. Zygmunt, A. Vernon Naidoo, and Peter Snyman.

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### Sommario/riassunto

"This important new volume discusses the role of emotion, resilience, and well-being in many contexts of human life, including home, school, and workplace. Leading researchers and academicians from around the world and from various fields--such as health, education, information and technology, military, and manufacturing--explore the theoretical and practical implications of many studies in this area. They present new concepts, models, and knowledge for practical applications that address challenges to well-being. The volume also considers the roles of several other influencing factors, such as emotional intelligence, performance, productivity, and employee's health and happiness. The book's editors state that, "At this juncture of human and technological development, when artificial intelligence and automation are slowly taking over the world, holding on to the study of emotions, well-being, and resilience has become imperative, as these influence sustainable performances and growth by individuals as well as organizations." This volume addresses the important issues of how

globalization has affected employee mental health and poses workplace-related challenges in both developed and emerging economies. It considers the growing state of social apathy, aggression, and violence in many places across the globe along with impact of the frequent natural and man-made disasters that have been continuously disturbing and destabilizing human life in society and community. Key features of Emotion, Well-Being, and Resilience: Theoretical Perspectives and Practical Applications: Presents empirical findings from many studies on well-being and resilience with practical applications, provides a comprehensive understanding of the theoretical concepts and models related to emotion, well-being, and resilience, reviews findings in the field of resilience and well-being studies in the context of extreme environments, such as the military, addresses a mental health and well-being in many contexts, including workplace, disease and chronic illness, motherhood, suicide risk, caring for the disabled, aging, school (both teachers and students), community, sports, etc. With contributions from over 70 authors from six continents, this volume will be exceptionally valuable for research scholars and teachers in psychology, human resource managers, and mental health practitioners working in the field of emotion, resilience, and well-being."--

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