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Nota di contenuto	1. Introduction 2. Background 3. The First R: Relate 4. Recognizing Students Mental Health Problems 5. Respond: Supportive Communication Skills for Teachers 6. Respond: Teachers' Role in Understanding and Responding to Crises and Trauma 7. Responding to the Threat of Suicide 8. Beyond Instruction: Connecting Students and Families to Resources 9. Teacher Self-care, Self-compassion, and Self-renewal Appendix: Questions as a Guide to the Recognition of Mental Health Problems
Sommario/riassunto	Supporting Student Mental Health is a guide to the basics of identifying and supporting students with mental health challenges. Its no secret that your responsibilities as a teacher go beyond academic achievement. You cover key socioemotional competencies in your classrooms, too. This book is full of accessible and appropriate strategies for responding to students mental health needs, such as relationship-building, behavioral observation, questioning techniques, community resources, and more. The authors public health, prevention science, and restorative practice perspectives will leave you ready to run a classroom that meets the needs of the whole child while ensuring your own well-being on the job.

