1. Record Nr. UNINA9910861088603321 Autore Higgs Malcolm Titolo Leading with Emotional Intelligence : Effective Change Implementation in Today's Complex Context Cham:,: Springer International Publishing AG,, 2024 Pubbl/distr/stampa ©2024 3-031-48970-5 **ISBN** Edizione [2nd ed.] Descrizione fisica 1 online resource (313 pages) Altri autori (Persone) DulewiczVictor 658.4092019 Disciplina Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di contenuto Intro -- Contents -- About the Authors -- List of Figures -- List of Tables -- 1: Introduction -- 1 Background -- 1.1 Emotional Intelligence -- 1.2 Development of Leadership Thinking -- 1.3 Leading With Emotional Intelligence -- 2 Structure of the Book -- 3 Conclusions -- Bibliography -- 2: The Importance of Emotional Intelligence -- 1 Introduction -- 1.1 General Definitions and Terminology -- 2 Building an Understanding -- 2.1 Self-Awareness -- 2.2 Emotional Management and Resilience -- 2.3 Self-Motivation -- 2.4 Empathising With Others -- 2.5 Managing Relationships With Others -- 2.6 Making Decisions in Complex Interpersonal Situations -- 2.7 Conscientiousness and Integrity -- 3 The Seven Elements of Emotional Intelligence -- 3.1 Self-Awareness --3.2 Emotional Resilience -- 3.3 Motivation -- 3.4 Interpersonal Sensitivity -- 3.5 Influence -- 3.6 Intuitiveness -- 3.7

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