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Nota di contenuto	Cover -- Half Title -- Title Page -- Copyright Page -- Dedication -- Brief Contents -- Detailed Contents -- Foreword -- Acknowledgements -- Introduction -- The Old Approaches -- Old Approach: "Just Kiss Each Other!" -- Old Approach: The Actors Talk It Through -- Old Approach: The Actors Talk It Through (Over There) -- Old Approach: Show, Don't Tell -- Old Approach: Let the Choreographer Do It -- Old Approach: The Sharing Circle -- Old Approach: Chemistry Lessons -- Getting Better at Staging Sex -- What the Old Approaches Ignored -- The Power in the Room: the Director -- The Power of the Room: Human Psychology -- How This Book Can Help: Three Big Ideas -- Create a Culture of Consent -- Desexualize the Process -- Choreograph It -- Who I Am and What This Book Is -- CHAPTER 1. Tools and Techniques -- Environmental Factors -- The Boundary Tools -- Button -- Games for Practicing "No" and Button -- Simon Says (with Some Twists) -- The Circle Game (or "Yes" with a Twist) -- Fences -- Gates -- The Boundary Practice -- Boundary Practice Modification -- What to Say: The First Time through the Boundary Practice -- Group Boundary Practice -- Quick Check-Ins -- Navigating Resistance -- Placeholders -- De-Roling -- Stop Stepping In -- Boundary Breakers -- Joking Around -- Additional Boundaries -- Making Mistakes -- CHAPTER 2. The

Ingredients -- Opening and Closing Distance -- Opening and Closing Hands -- Telling Stories -- Directing Distance -- Levels of Touch -- Level 1: Skin/Powder/Touching -- Level 2: Muscle/Paint/Moving -- Level 3: Bone/Clay/Pulling -- Tips for Using Levels of Touch -- Choreographing with Levels of Touch -- Tempo and Counts -- Trying Counts -- Putting It Together -- The Shapes -- Arcs (or Curves) -- Angles (or Lines) -- Figure Eights -- Putting It on Its Feet -- Destination -- Eye Contact -- Try It with a Partner -- Other Applications.

Visible Power Shifts -- Try Visible Power Shifts -- Using What Ifs and Visible Power Shifts -- Breath and Sound -- Short and Long -- Shallow and Deep -- High and Low -- Sharp -- Vowels and Consonants -- Putting Voice, Breath, and Movement Together -- Gravity and Weight -- Playing with Gravity -- Playing with Weight -- Combinations with Gravity and Weight -- Kissing -- Ground Rules -- Talk about that Kiss -- Opening and Closing Distance -- Counts -- Level of Touch -- Destination -- The Kiss Conversation -- Trying It with Your Hands -- Common Fixes for Bad Kisses -- Alternatives to Kisses -- Putting the Ingredients to Work -- Choreographing -- Tweaking -- Documenting -- Writing Recipes -- Notating and Coaching Choreography -- Actor Documentation -- Production Documentation -- Practicing with an Open Scene -- CHAPTER 3. Staging Intimacy -- Who is in the Room -- Vulnerability -- Practicing Vulnerability -- Partner Up -- Put It in Motion -- Introduce Touch -- Moving Together -- Staging Sexual Violence -- De-Roling in Sexual Violence -- Staging Nudity -- Have a Backup Plan -- Additional Thoughts -- CHAPTER 4. Recipes -- Embrace -- Variations -- Kiss -- Variations -- Oral Sex -- Masturbation and/or Digital Stimulation -- Penetrative Sex -- Feeling and Touching -- Teasing -- Removing Clothes -- Intimacy with Lots of Text -- Stylization -- CHAPTER 5. Production Logistics -- Company and Department Policies -- Chain of Communication -- Casting -- Audition Disclosure Form -- Placeholders in Auditions -- Recasting and Reimagining -- Rehearsal Schedules -- Intimacy Calls -- Intimacy Choreographers -- Staffing the Production -- Considerations for Designers and Technicians -- Front of House Staff and Ushers -- Content Warnings -- Boundaries with the Audience -- Talkbacks -- Post-Show Reviews -- CHAPTER 6. Staging Sex: A-Z -- Strategies for Actors.

Strategies for Teachers -- The Cheat Sheet -- APPENDIX Theatrical Intimacy Education -- Index.

Sommario/riassunto

Staging Sex lays out a comprehensive, practical solution for staging intimacy, nudity, and sexual violence. This book takes theatre practitioners step-by-step through the best practices, tools, and techniques for crafting effective theatrical intimacy. After an overview of the challenges directors face when staging theatrical intimacy, Staging Sex offers practical solutions and exercises, provides a system for establishing and discussing boundaries, and suggests efficient and effective language for staging intimacy and sexual violence. It also addresses production and classroom specific concerns and provides guidance for creating a culture of consent in any company or department. Written for directors, choreographers, movement coaches, stage managers, production managers, professional actors, and students of acting courses, Staging Sex is an essential tool for theatre practitioners who encounter theatrical intimacy or instructional touch, whether in rehearsal or in the classroom.
