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Sommario/riassunto	This book explores the religious experiences of two notable figures who endured severe trials under authoritarian regimes: Bediuzzaman Said Nursi (1877–1960) within the Islamic tradition, and Aleksander Solzhenitsyn (1918–2008) within the Russian Orthodox Christian tradition. Against the tumultuous backdrop of the twentieth century's spiritual, social, political, and intellectual upheavals, both Nursi and

Solzhenitsyn grappled with immense hardships because of their beliefs. Despite immense tribulations, both individuals demonstrated unwavering faith and resilience in the face of adversity, continuing their scholarly and literary activities. The current study centers on the dichotomy of spiritual confinement and expansiveness, illustrating how people can experience spiritual distress even without physical restraints. It explores the historical and conceptual aspects of imprisonment within Christian and Muslim perspectives, explores the reasons for Nursi and Solzhenitsyn's incarceration, examines their coping mechanisms in the face of hardship, and underscores the role of faith and spirituality. The author integrates personal experiences, particularly his own incarceration during the aftermath of the 2016 Turkish staged coup attempt, within the context of the narratives of Nursi and Solzhenitsyn. The book addresses court proceedings, release, departure from Turkey, and resettlement in Australia. Throughout, the author draws parallels between their own observations and those of Nursi and Solzhenitsyn, contributing to the broader discourse on individual spirituality and collective consciousness. The book offers insights into spiritual resilience in the face of adversity, utilizing the lives of these figures to illuminate shared human experiences. A unique collation of personal narration and scholarly reflection, it is relevant to academics and students in history, political science, sociology, Islamic and Middle Eastern studies, and to social scientists researching the phenomenon of exile and prison in different countries across the world. It also speaks to the work of activists and policymakers in human rights.
