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Sommario/riassunto	The rich and diverse contributions to this volume span a wide variety of disciplines, from psychology and philosophy to neuroscience, by some of the most influential scholars in the emerging science of personal wisdom. As such, it is a collection of essential readings and the first publication to integrate both the spiritual and pragmatic dimensions of personal wisdom. The content of the book goes beyond speculative theory to present a wealth of scientific research currently under way in this expanding field. It also describes numerous promising methods now being deployed in the quest for scien