

1. Record Nr.	UNINA9910842490003321
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Titolo	Mental Health in Bangladesh : From Bench to Community // edited by S. M. Yasir Arafat
Pubbl/distr/stampa	Singapore : , : Springer Nature Singapore : , : Imprint : Springer, , 2024
ISBN	9789819706105 9819706106
Edizione	[1st ed. 2024.]
Descrizione fisica	1 online resource (347 pages)
Disciplina	150
Soggetti	Psychology Mental health Psychiatry Epidemiology Psychotherapy Behavioral Sciences and Psychology Mental Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Prominent Figures in Psychiatry in Bangladesh -- Epidemiology and Burden of Mental Disorders in Bangladesh -- Mental Health Services in Bangladesh -- Biological Management of Psychiatric Disorders in Bangladesh -- Psychosocial Management of Mental Disorders in Bangladesh -- Child and Adolescent Psychiatry in Bangladesh -- Substance Use and Mental Health Conditions: Co-existence of Dual Problems in Bangladesh -- Community Psychiatry in Bangladesh: Development and Current Status -- Psychosexual Disorders in Bangladesh: From Bench to Community -- Forensic Psychiatry in Bangladesh -- Suicidal Behavior and Suicide Prevention in Bangladesh -- Psychiatric Education and Research System in Bangladesh -- Research on Common Mental Disorders in Bangladesh -- Public Mental Health in Bangladesh -- Climate Change and Mental Health in Bangladesh: Vulnerability, Inequality, and the Crucial Need for Intervention on the Frontlines of the Climate Crisis -- Technology-Based Interventions for Mental Health Support in Bangladesh -- Mental

Sommario/riassunto

This book is about mental health in Bangladesh. Bangladesh is a densely populated country in South Asia with a population of about 170 million. It has seen significant economic growth over the last decades, and it has recently improved from being a low-income country to a lower middle-income country. Currently, Bangladesh is facing a double burden of disease, i.e., both communicable and non-communicable. About 60% of the disease burden is incurred by non-communicable diseases. Mental disorders are one of the top five burdens of non-communicable disease in the country. However, psychiatry is a neglected issue in Bangladesh. There are high stigma, services gaps, out-of-pocket expense, low mental health literacy, and extreme scarcity of budget. Academically, it has also been under-addressed and under-researched. Therefore, the editor aims to provide a comprehensive book on mental health in Bangladesh, based on existing evidence and expertise, focusing on academic aspects of community mental health service.
