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Titolo	Postfeminism and Health : Critical Psychology and Media Perspectives / / by Sarah Riley, Adrienne Evans and Martine Robson
Pubbl/distr/stampa	Boca Raton, FL : , : Routledge, , [2018] ©2019
ISBN	1-315-64861-X 1-317-30154-4
Edizione	[First edition.]
Descrizione fisica	1 online resource (213 pages)
Collana	Critical approaches to health
Disciplina	362.1082
Soggetti	Women - Health and hygiene - Sociological aspects Feminism - Health aspects Feminism - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Self-help -- Weight -- Technologies -- Sex -- Pregnancy -- Intimate responsibilities -- Pro-ana.
Sommario/riassunto	This groundbreaking book employs a transdisciplinary and poststructuralist methodology to develop the concept of 'postfeminist healthism,' a twenty-first-century understanding of women's physical and mental health formed at the intersections of postfeminist sensibilities, neoliberal constructs of citizenship and the notion of health as an individual responsibility managed through consumption. Postfeminist healthism is used in this book to explore seven topics where postfeminist sensibility has the most impact on women's health: self-help, weight, surgical technologies, sex, pregnancy, responsibilities for others' health and pro-anorexia communities. The book explores the ways in which the desire to be normal and live a good life is tied to expectations of 'normal-perfection' circulated across interpersonal interactions, media representations and expert discourses. It diagnoses postfeminist healthism as unhealthy for both those women who participate in it and those whom it excludes and considers how more positive directions may emerge. By exploring the under-researched intersection of postfeminism and health studies, this

book will be invaluable to researchers and students in psychology, gender and women's studies, health research, media studies and sociology.

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