Record Nr. UNINA9910831869703321
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Titolo Taste, waste and the new materiality of food / / Bethaney Turner

Pubbl/distr/stampa Abingdon, Oxon;; New York, NY:,: Routledge,, 2018

ISBN 0-429-75520-1

0-429-42450-7 0-429-75519-8

Descrizione fisica 1 online resource (247 pages)

Collana Critical food studies series

Disciplina 178

Soggetti Food consumption - Moral and ethical aspects

Food consumption - Environmental aspects

Taste

Fair trade foods Food waste

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Nota di bibliografia Includes bibliographical references and index.

Nota di contenuto Cover; Half Title; Series Page; Title Page; Copyright Page; Table of

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Sommario/riassunto

Anthropocentric thinking produces fractured ecological perspectives that can perpetuate destructive, wasteful behaviours. Learning to recognise the entangled nature of our everyday relationships with food can encourage ethical ecological thinking and lay the foundations for more sustainable lifestyles. This book analyses ethnographic data gathered from participants in Alternative Food Networks from farmers' markets to community gardens, agricultural shows and food redistribution services. Drawing on theoretical insights from political ecology, eco-feminism, ecological humanities, human geography and critical food studies, the author demonstrates the sticky and enduring nature of anthropocentric discourses. Chapters in this book experiment with alternative grammars to support and amplify ecologically attuned practices of human and more-than-human togetherness. In times of increasing climate variability, this book calls for alternative ontologies and world-making practices centred on food which encourage agility and adaptability and are shown to be enacted through playful tinkering guided by an ethic of convivial dignity. This innovative book offers a valuable insight into food networks and sustainability which will be useful core reading for courses focusing on critical food studies, food ecology and environmental studies.