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Sommario/riassunto

"In Creative Breakthroughs in Therapy, well-known authors Kottler and Carlson have invited some of the world's most creative therapists and researchers to share stories that have resulted in transformative breakthrough and behavioral change. Questions are directed to each contributor about how they achieved breakthrough so that readers gain insight into the creative process. Professionals in the field of psychology, counseling, social work and human services, graduate students, and general readers alike will be moved to discover their own creative paths as a result of reading this unique collection of inspiring narratives"--Provided by publisher.