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Nota di contenuto	Living with Arthritis; Contents; List of Abbreviations; Acknowledgements; 1. Introduction; 2. Arthritis and Disease Management; Osteoarthritis; Rheumatoid Arthritis; Ankylosing Spondylitis; Juvenile Idiopathic Arthritis; Metaphysical Explanations for Arthritis; Complementary and Alternative Medicine; Chapter Summary; 3. Onset, Diagnosis and Duration of Disease; Onset, Personality and Stress; Diagnosis; Duration; Chapter Summary; 4. Life with Arthritis; Disease Symptomatology and Impact; Emotional Reactions and Activity Restrictions; Social Issues; Resistance to Disruption Children with JIA and their ParentsChapter Summary; 5. The Psychological Impact on Person and Family; Psychological Impact on the Person; Mediators and Moderators of Psychological Wellbeing; Positive Aspects of Psychological Wellbeing; Children with JIA; Chapter Summary; 6. The Social Impact on Person and Family; Parenting with Arthritis; Social Support; Children and Parents; Social Impact: Society; Working with Arthritis; Chapter Summary; 7. Health Care and Patient Education; The Experience of Health Care; Patient Education; Chapter

Summary; 8. Psycho-Educational Interventions

Cognitive Behavioural Interventions; Interventions Based on Emotional Disclosure; Social Support Interventions; Multi-Component

Interventions Focused Primarily on Exercise; Multi-Component Self-Management Interventions; Personal Development Interventions;

Interventions for Enhancing Employment Potential; Interventions in JIA;

Effectiveness of Psycho-Educational Interventions; Chapter Summary; 9.

Agenda for the Future; Under-Researched Groups; Under-Researched

Psychosocial Domains; Expand Research on Positive Dimensions; Health

Care and Interventions; Longitudinal Studies; Chapter Summary

Appendix: Malcolm Macdonald's Arthritis Journey; References; Index of

Citations; General Index

Sommario/riassunto

Living with Arthritis provides an overview of arthritis that is grounded in the realities of living with a long-term condition often characterised by pain, fatigue, physical limitations, anxiety or depression. Arthritis is one of the most common, long-term conditions affecting millions of people worldwide. The book draws not only on the growing body of literature in psychosocial rheumatology, but also on Professor Barlow's own research. A substantial section devoted to interventions with a psychological basis
