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Nota di contenuto	Living with Arthritis; Contents; List of Abbreviations; Acknowledgements; 1. Introduction; 2. Arthritis and Disease Management; Osteoarthritis; Rheumatoid Arthritis; Ankylosing Spondylitis; Juvenile Idiopathic Arthritis; Metaphysical Explanations for Arthritis; Complementary and Alternative Medicine; Chapter Summary; 3. Onset, Diagnosis and Duration of Disease; Onset, Personality and Stress; Diagnosis; Duration; Chapter Summary; 4. Life with Arthritis; Disease Symptomatology and Impact; Emotional Reactions and Activity Restrictions; Social Issues; Resistance to Disruption Children with JIA and their Parents Chapter Summary; 5. The Psychological Impact on Person and Family; Psychological Impact on the Person; Mediators and Moderators of Psychological Wellbeing; Positive Aspects of Psychological Wellbeing; Children with JIA; Chapter Summary; 6. The Social Impact on Person and Family; Parenting with Arthritis; Social Support; Children and Parents; Social Impact: Society; Working with Arthritis; Chapter Summary; 7. Health Care and Patient Education; The Experience of Health Care; Patient Education; Chapter

Summary; 8. Psycho-Educational Interventions
Cognitive Behavioural InterventionsInterventions Based on Emotional Disclosure; Social Support Interventions; Multi-Component Interventions FocusedPrimarily on Exercise; Multi-Component Self-Management Interventions; Personal Development Interventions; Interventions for Enhancing Employment Potential; Interventions in JIA; Effectiveness of Psycho-Educational Interventions; Chapter Summary; 9. Agenda for the Future; Under-Researched Groups; Under-Researched Psychosocial Domains; Expand Research on Positive Dimensions; Health Care and Interventions; Longitudinal Studies; Chapter Summary
Appendix: Malcolm Macdonald's Arthritis JourneyReferences; Index of Citations; General Index

Sommario/riassunto

Living with Arthritis provides an overview of arthritis that is grounded in the realities of living with a long-term condition often characterised by pain, fatigue, physical limitations, anxiety or depression.Arthritis is one of the most common, long-term conditions affecting millions of people worldwideThe book draws not only on the growing body of literature in psychosocial rheumatology, but also on Professor Barlow's own researchA substantial section devoted to interventions with a psychological basis
