

1. Record Nr.	UNINA9910830906803321
Titolo	Critical reading across the curriculum . Volume 1 Humanities // edited by Robert DiYanni, Anton Borst
Pubbl/distr/stampa	Hoboken, New Jersey ; ; Malden, Massachusetts : , : Wiley Blackwell, , 2017 ©2017
ISBN	1-119-15487-1 1-119-15490-1
Descrizione fisica	1 online resource (270 pages) : illustrations (some color)
Disciplina	372.47/6
Soggetti	Content area reading
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Volume 1. Humanities -- Volume 2. Social sciences.

2. Record Nr.	UNINA9910300079803321
Titolo	Sleep Deprivation and Disease : Effects on the Body, Brain and Behavior // edited by Matt T. Bianchi
Pubbl/distr/stampa	New York, NY : , : Springer New York : , : Imprint : Springer, , 2014
ISBN	9781461490876 1461490871
Edizione	[1st ed. 2014.]
Descrizione fisica	1 online resource (xiii, 287 pages) : illustrations (some color)
Collana	Gale eBooks
Disciplina	610 616.8 616.8498 616.89
Soggetti	Primary care (Medicine) Psychiatry Neurology Occupational health services Primary Care Medicine Occupational Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	I. Introduction -- 1. Sleep Deprivation: Practical and Philosophical Considerations -- II. Sleep Physiology, Measurement, and Experimental Deprivation -- 2. Functional Impact of Sleep Deprivation, Sleep Restriction, and Sleep Fragmentation -- 3. Methods for Human Sleep Deprivation Experiments -- 4. Imaging Sleep and Sleep Deprivation -- III. Sleep and the Brain -- 5. Sleep Deprivation and Neurological Disease -- 6. Sleep Deprivation and Psychiatric Disorders -- 7. Sleep Deprivation as a Therapy in Psychiatry -- IV. Sleep and Medical Topics -- 8. Sleep Deprivation and Human Development -- 9. Sleep Deprivation and Pregnancy -- 10. Sleep Deprivation and Metabolism -- 11. Sleep Deprivation and the Cardiovascular System -- 12. Sleep Deprivation and Rheumatological Disease -- 13. Sleep Deprivation and Pain -- 14. Sleep Loss in Older Adults: Effects on Waking Performance

and Sleep-Dependent Memory Consolidation with Healthy Aging and Insomnia -- V. Performance, Economics, and Operational Topics -- 15. Noise-induced Sleep Deprivation: Toward Sleeping Soundly on Noisy Nights -- 16. Sleep Deprivation and Cognitive Performance -- 17. Caffeine and Naps as Countermeasures for Sleep Loss -- 18. Fatigue in the Workplace -- 19. Sleep Deprivation and Economic Burden.

Sommario/riassunto

The cognitive and behavioral implications of sleep deprivation have been noted in the medical literature for many years. In addition, emerging research continues to demonstrate the contribution of sleep deprivation to some of the most common and costly health conditions today. Sleep Deprivation and Disease provides clinically relevant scientific information to help clinicians, public health professionals, and researchers recognize the ramifications of sleep deprivation across a broad spectrum of health topics. This timely reference covers sleep physiology, experimental approaches to sleep deprivation and measurement of its consequences, as well as health and operational consequences of sleep deprivation. Clinical challenges and areas of uncertainty are also presented in order to encourage future advancements in sleep medicine and help patients avoid the outcomes associated with the myriad causes of sleep deprivation.
