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Nota di contenuto	Chapter 1. So, What Is Play Therapy and Why Should We Care? -- Chapter 2. How on Earth Can You Combine Adlerian Theory With Play Therapy? -- Chapter 3. What Is Up With This Kid? Using Adlerian Concepts to Understand Children -- Chapter 4. Consulting With Parents and Teachers? Oh Dear! --Chapter 5. Where Do I Begin? Building an Egalitarian Relationship With the Child -- Chapter 6. Just Say "Yes!" Just Say "No!?" Encouraging and Limiting -- Chapter 7. Who Is This Kid, and How Did He Get This Way? Exploring the Child's Lifestyle -- Chapter 8. What Do I Do With All This Information? Developing Adlerian Lifestyle Conceptualizations and Treatment Plans -- Chapter 9. Lions and Tigers and Bears, Oh My! Helping the Child Gain Insight -- Chapter 10. How Can I Wind It Down and Wrap It Up? Reorienting--Reeducating -- Chapter 11. Who Me? Conduct Research?
Sommario/riassunto	Play therapy expert Terry Kottman and her colleague Kristin Meany-Walen provide a comprehensive update to this spirited and fun text on integrating Adlerian techniques into play therapy. Clinicians, school counselors, and students will find this to be the definitive guide for using Adlerian strategies with children to foster positive growth and effective communication with their parents and teachers. After an introduction to the basics of the approach and the concepts of

Individual Psychology, the stages of Adlerian play therapy are outlined through step-by-step instructions, detailed treatment plans, an ongoing case study, and numerous vignettes. In addition to presenting up-to-date information on trends in play therapy, this latest edition emphasizes the current climate of evidence-based treatment and includes a new chapter on conducting research in play therapy. Appendixes contain useful worksheets, checklists, and resources that can be easily integrated into practice. Additional resources related to this book can be found in the ACA Online Bookstore at [www.counseling.org/publications/bookstore](http://www.counseling.org/publications/bookstore) and on Terry Kottman's website [encouragementzone.com](http://encouragementzone.com). \*Requests for digital versions from the ACA can be found on [wiley.com](http://wiley.com). \*To request print copies, please visit the ACA website [here](http://www.counseling.org). \*Reproduction requests for material from books published by ACA should be directed to [permissions@counseling.org](mailto:permissions@counseling.org).

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