

1. Record Nr.	UNISA996385625803316
Autore	Younge Richard
Titolo	The whole duty of a Christian [[electronic resource]] : Containing all things necessary, both as to what he is to know, and do, for the obtaining a happy eternity. To which is added, more particular directions, how to prepare for a comfortable death
Pubbl/distr/stampa	London, : printed for Tho. Sawbridge at the sign of the Three Flower-de-luces in Little Britain, 1681
Descrizione fisica	[3], xx, 222, [6] p. : ill
Altri autori (Persone)	HoveFrederick Hendrick van <1628?-1698.>
Soggetti	Christian life Conduct of life
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	With errata at the foot of p. 239, and an advertisement on the verso. Wing CD-ROM, 1996 has "Thomas" Sawbridge in the imprint. Attributed to Richard Younge. Cf. Wing CD-ROM, 1996. Pp. 5-6 lacking in microfilmed copy, reel 2558. Reproduction of original in the National Library of Wales.
Sommario/riassunto	eebo-0098

2. Record Nr.	UNINA9910830573903321
Autore	Rankin Jean <1953->
Titolo	Effects of antenatal exercise on psychological well-being, pregnancy and birth outcome [[electronic resource] /] / Jean Rankin
Pubbl/distr/stampa	London, : Whurr, 2002
ISBN	1-282-12302-5 9786612123023 0-470-69926-4 0-470-69867-5
Descrizione fisica	1 online resource (214 p.)
Collana	Nursing research
Disciplina	618.24 618.244
Soggetti	Exercise for pregnant women Prenatal care
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Effects of Antenatal Exercise on Psychological Well-being, Pregnancy and Birth Outcome; Contents; Foreword; Preface; Acknowledgements; Glossary of terms; CHAPTER 1; Introduction; CHAPTER 2; Review of the literature; CHAPTER 3; Research methodology; CHAPTER 4; Results; CHAPTER 5; Discussion; CHAPTER 6; Conclusions; Appendices; References; Index
Sommario/riassunto	Pregnancy is a time when women need to be prepared mentally and physically to meet the challenges of childbirth and the transitions to parenthood. However, this needs to be within the realms of safe practice. The study on which this book is based is derived from the author's work as a midwife with a special interest in exercise. The main aims of the study were to investigate the effects of undertaking a regular exercise programme during and following pregnancy on psychological well-being, pregnancy and birth outcomes. Data were collected at three time points during and following pregnancy usin