

1. Record Nr.	UNINA9910830573803321
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Titolo	Overcoming our racism [[electronic resource]] : the journey to liberation // Derald Wing Sue
Pubbl/distr/stampa	San Francisco, : Jossey-Bass, c2003
ISBN	1-280-41041-8 9786610410415 0-7879-7969-4 0-7879-7252-5
Edizione	[1st ed.]
Descrizione fisica	1 online resource (315 p.)
Disciplina	305.8
Soggetti	Racism - United States United States Race relations
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Overcoming Our Racism; Contents; Preface; 1. Are You a Racist?; 2. What Is Racism?; 3. Do You Oppress?; 4. What Is Your Racial Reality and That of White America?; 5. Isn't Racism a White Problem?; 6. What Does It Mean to Be White?; 7. What Is White Privilege?; 8. How Do You Develop a Nonracist White Identity?; 9. What Must You Do to Combat Racism?; 10. What Must Society Do to Combat Racism?; 11. What Must People of Color Do to Overcome Racism? A Personal Message to My Brothers and Sisters of Color; Epilogue; Notes; About the Author; Index;
Sommario/riassunto	Racism is a crucial issue that all of us must confront, starting with ourselves. It's painful to admit it, but we all have innate and long-standing attitudes and prejudices towards other ethnic and racial groups. This extraordinary book challenges the reader by documenting how each of us have a role in the oppression of others-and tells what we can do about it. Overcoming Our Racism offers a real cure, a way to overcome racism on a very intimate level: first by taking responsibility for our attitudes and understanding where they came from, then by learning about disparate cultures within our s