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| 1. Record Nr. | UNINA9910450483003321 |
| Titolo | Exploring storage management efficiencies and provisioning [[electronic resource] /] / [Roland Tretau ... et al.] |
| Pubbl/distr/stampa | [S.l.] : IBM, International Technical Support Organization, 2004 |
| Edizione | [1st ed.] |
| Descrizione fisica | xviii, 252 p. : ill |
| Collana | IBM redbooks |
| Altri autori (Persone) | TretauRoland |
| Disciplina | 005.8/6 |
| Soggetti | Electronic data processing - Backup processing alternatives Data recovery (Computer science) Electronic books. |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | "August 2004." "SG24-6373-00." |
| Nota di bibliografia | Includes bibliographical references and index. |
| Sommario/riassunto | This IBM Redbooks publication provides an overview of the solution offerings — IBM TotalStorage Productivity Center and IBM TotalStorage Productivity Center with Advanced Provisioning. It presents an overview of the product components and functions, explaining the architecture and showing the use of storage provisioning workflows. This book is intended for those who want to learn more about IBM TotalStorage Productivity Center, IBM TotalStorage Productivity Center with Advanced Provisioning, and IBM TotalStorage Provisioning Manager. This easy-to-follow guide describes on demand provisioning for managing resources and information, as well as enhancing automation by explaining how these innovative offerings may improve client business. The book explains how to take storage management concepts to the next level, describing the architecture, components, and component interaction, explaining storage automation, and showing how to create high and low level workflows by using examples along with common storage management tasks. Narrated screen recordings in QuickTime format: IBM TotalStorage Productivity Center LaunchPad demonstration (26MB) IBM Tivoli TotalStorage Provisioning Manager Overview (62MB) IBM TotalStorage Productivity Center with Advanced Provisioning Workflow |

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| 2. Record Nr. | UNINA9910830528203321 |
| Autore | Bamforth Charles W. <1952-> |
| Titolo | Beer [[electronic resource]] : health and nutrition / / Charles W. Bamforth |
| Pubbl/distr/stampa | Oxford, : Blackwell Science, 2004 |
| ISBN | 1405147970 1-280-21292-6 9786610212927 0-470-70998-7 1-4051-4797-0 0-470-77454-1 |
| Descrizione fisica | 1 online resource (202 p.) |
| Disciplina | 641.23 641.6/23 641.623 |
| Soggetti | Beer Beer - Health aspects Nutrition |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Beer Health and Nutrition; Contents; Preface; Acknowledgements; 1 Beer as Part of the Diet; Beer: a vice or a staple part of the diet?; Getting beer into perspective; What is moderation?; But what about addiction?; Impacts on behaviour; 2 Beer Through History; Brewing travels west; Restraining excess; Religious origins; Maintaining standards; Beer: a nutritious dish for the whole family; Temperance pressures; Towards prohibition; 3 The Basics of Malting and Brewing: Product Safety and Wholesomeness; Chemical beer?; Basic outlines of malting and brewing; Styles of beer; The chemistry of beer |

4 The Basics of Human NutritionEnergy; Phytonutrients; Carbohydrate, fat and protein; Vitamins; Minerals; Fibre; Water; Balance; 5 The Composition of Beer in Relation to Nutrition and Health; Energy; Carbohydrate, fat and protein; Water; Vitamins; Minerals; Fibre; Comparison of beer with other foodstuffs for nutrient value; Potentially deleterious components of beer; Beer as a 'treat'; 6 The Impact of Alcohol on Health; The metabolism of ethanol; Direct and indirect impacts; The heart and the circulatory system; The liver and the digestive system; The reproductive system
Brain and cognitive functionKidney and urinary tract; Age; Cancer; Allergy; The common cold; 7 Conclusion; References; Index

Sommario/riassunto

This important and extremely interesting book is a serious scientific and authoritative overview of the implications of drinking beer as part of the human diet. Coverage includes a history of beer in the diet, an overview of beer production and beer compositional analysis, the impact of raw materials, the desirable and undesirable components in beer and the contribution of beer to health, and social issues. Written by Professor Charlie Bamforth, well known for a lifetime's work in the brewing world, Beer: Health and Nutrition should find a place on the shelves of all those involved in
