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Nota di contenuto	Foreword / Peter E. Nathan -- Motivation and the goal theory of current concerns / Eric Klinger, W. Miles Cox -- Behavioral economics / Christopher J. Correia ... [et al.] -- Personal projects and motivational counseling / Brian R. Little -- Goal conflicts and goal integration / Johannes Michalak, Thomas Heidenreich, J. Hoyer -- Touching a person's essence / Philipp Alsleben, Julius Kuhl -- A motivational model of alcohol use / W. Miles Cox, Eric Klinger -- Measuring motivation / W. Miles Cox, Eric Klinger -- The Motivational Structure Questionnaire, Personal Concerns Inventory and their variants / Eric Klinger, W. Miles Cox -- Volitional and emotional correlates of the Motivational Structure Questionnaire / Nicola Baumann -- Offenders' motivation / Mary McMurrin, Joselyn Sellen, Jacqueline Campbell -- Systematic motivational counseling / W. Miles Cox, Eric Klinger -- Systematic motivational counseling in groups / Arno Fuhrman, Bernard

M. Schroer, Renate de Jong-Meyer -- Motivational interventions for substance abusers with psychiatric illness / Suzette Glasner-Edwards -- Systematic motivational analysis as a part of a self-help technique aimed at personal goal attainment / Renate de Jong-Meyer -- Systematic motivational counseling at work / Loriann Roberson, David M. Sluss -- Cognitive and motivational retraining / Javad Salehi Fadarzi, Zohreh Sepehri Shamloo, W. Miles Cox -- Motivation in sport / Kevin A. Stefanek, Heather J. Peters -- The elaboration of positive goal perspectives (EPOS) / Ulrike Willutzki, Christoph Koban -- Meaning-centered counseling and therapy / Paul T.P. Wong -- Changing alcohol expectancies and self-efficacy expectations / Barry T. Jones, Ross McD. Young -- The drinker's check-up / Maria J. Emmen ... [et al.] -- Motivational enhancement as a brief intervention for college student drinkers / Arthur W. Blume, G. Alan Marlatt -- Community reinforcement approach and contingency management interventions for substance abuse / Maxine L. Stitzer ... [et al.] -- Goal setting as a motivational technique for neurorehabilitation / Siegfried Gauggel -- Motivational interviewing in health promotion and behavioral medicine / Ken Resnicow, Stephen Rollnick -- Taking stock and looking ahead : a toolkit for motivational counselors / W. Miles Cox, Eric Klinger.

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Sommario/riassunto

Revised and updated to reflect the most recent developments in the field, the second edition of the Handbook of Motivational Counseling presents comprehensive coverage of the development and identification of motivational problems and the most effective treatment techniques. Equips clinicians with specific instructions for enhancing clients' motivation for change by targeting their maladaptive motivational patterns. Provides step-by-step instructions in the administration, scoring, and interpretation of the motivational assessments, along with details of how to implement the counseling procedure

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