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Chapter 6 Individual Differences, Work Stress and Health
Chapter 7 Gender and Work Stress: Unique Stressors, Unique Responses;
Chapter 8 Work Experiences, Stress and Health among Managerial Women: Research and Practice;
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Chapter 10 Stress and Careers;
Chapter 11 New Technologies and Stress;
Chapter 12 Flexibility at Work in Relation to Employee Health;
Chapter 13 Acute Stress at Work;
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Chapter 14 Management Development for Well-Being and Survival: Developing the Whole Person
Chapter 15 Coaching in Organizations;
Chapter 16 Women's Coping: Communal Versus Individualistic Orientation;
Chapter 17 Employee Assistance Programs: A Research-Based Primer;
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Chapter 18 Organizational Culture, Leadership, Change and Stress;
Chapter 19 Building Interventions to Improve Staff Well-Being;
Chapter 20 Stress and Effectiveness: An Approach for Changing Organizational Culture;
Chapter 21 Epilogue; Index

Sommario/riassunto

Now in its third edition, this authoritative handbook offers a comprehensive and up-to-date survey of work and health psychology. Updated edition of a highly successful handbook
Focuses on the applied aspects of work and health psychology
New chapters cover emerging themes in this rapidly growing field
Prestigious team of editors and contributors
