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inschools; 1.13.1 The Caroline Walker Trust; 1.13.2 Soil Association - Food for Life campaign; 1.13.3 Focus on Food Campaign  
1.13.4 The Health Education Trust; 1.13.5 Garden Organic; 1.13.6 Sustain; 1.13.7 Feed Me Better campaign; 1.14 The run up to the 2006 food-based standards and 2008/09 nutrient-based standards; 1.14.1 The School Meals Review Panel; 1.14.2 The School Food Trust; 1.15 Interim food-based standards for school lunches; 1.16 Food-based standards for all other school food and drink; 1.16.1 Breakfast clubs; 1.16.2 Breakfast clubs in Scotland; 1.16.3 Breakfast clubs in Wales; 1.16.4 Breakfast clubs in Northern Ireland; 1.16.5 Vending machines; 1.16.6 Tuck shops; 1.17 Nutrient-based standards  
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1.32 Diet and behaviour

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## Sommario/riassunto

The importance of good nutrition for individual health and well-being is widely recognized, yet for a significant number of people who rely on institutions for food and nutrition, this importance has not always been a primary consideration. People, therefore, may find themselves consuming food they would not ordinarily choose to eat, with, in some cases, restricted choices precluding individual preferences and compromising health. In recent years, there have been major advances in the quality of catering in some areas, particularly schools. Other institutions which have not been thrust into

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