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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Abbreviations; Part 1 General Introduction to Hypertension; Hypertension Prevalence and Consequences; Hypertension Syndrome; Subsets of Hypertension Approach to Treatment; Clinical Hypertension Trials: A Perspective; Vascular Biology and Hypertension; Blood Vessel Structure; Endothelial Function and Dysfunction; New Treatment Approach to Hypertension Based on Concepts of Endothelial Dysfunction and Vascular Biology; Treatment of Impaired Endothelial Function: A Global CV Approach; Part 2 What is Hypertension; Hypothesis: Essential Hypertension and End-Organ Damage Hypertension Classification and Guidelines WorldwideHypertension Guidelines; Global CV Risk Calculation; Secondary Hypertension; BP Measurement; Hypertension-Atherosclerotic Syndrome; Normotensive Hypertension and Hypertension Syndromes; Prehypertension; Part 3 Treatment of Hypertension; Nonpharmacologic Treatment of Hypertension; Nutrition, Vitamins, Minerals, Antioxidants, Dietary, and Nutraceutical Supplements in the Prevention and Treatment of Hypertension; Nutritional Intervention, Prevention, and Treatment of

## Hypertension Trials and Consensus Reports

Further Reading on Nutrition and Dietary Supplements  
The DASH Diets: DASH-I and DASH-II Sodium; The Premier Clinical Trial; Obesity; Exercise Activities and Kilocalories Used; Approaches to Selection of Antihypertensive Therapy; Hemodynamics in Hypertension; Hemodynamic Effects of Antihypertensive Drugs; Part 4 Problems Associated with Hypertension; Hypertension-Related End-Organ Damage; Life Expectancy and Blood Pressure (Man, 35 Years Old); Systolic, Diastolic, and Pulse Pressure Concepts; Part 5 The Clinical Trials of Hypertension

## Clinical Hypertension Trials and Antihypertensive Drug

Therapy  
Treatment of Hypertension: Questions Posed; Clinical Hypertension Trials: Important Clinical Points; Diuretic/BB Clinical Trials in Mild-to-Moderate Hypertension and CHD: Summary; Meta-Analysis of Randomized Controlled Clinical Hypertension Trials with Antihypertensive Drug Therapy; Meta-Analysis by BP Lowering Treatment Trialists Collaboration; Staessen, Wang, and Thijs Meta-Analysis: Summary of Clinical Trials in Hypertension and Clinical Outcomes; Further Reading: Health Outcomes Analysis for Clinical Hypertension Trials

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### Sommario/riassunto

When treating hypertension, physicians now have a huge range of drugs from which to choose in formulating a management strategy. This accessible guide helps the busy clinician access specific information on available drugs as components of an integrated care plan. The Handbook of Hypertension is a comprehensive review of the evidence base for hypertension and associated disease, providing tables, figures, charts, and summaries of principal findings from clinical studies on hypertension - putting vital information within reach of the busy practitioner. Containing the most recent guid

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