1. Record Nr. UNINA9910830022803321

Titolo	Science, society, and the supermarket [[electronic resource]] : the opportunities and challenges of nutrigenomics / / David Castle ... [et al.]
Pubbl/distr/stampa	Hoboken, N.J., : Wiley-Interscience, c2007
ISBN	1-280-72142-1 9786610721429 0-470-05550-2 0-470-05549-9
Descrizione fisica	1 online resource (177 p.)
Altri autori (Persone)	CastleDavid <1967->
Disciplina	612.3
Soggetti	Nutrition - Genetic aspects Functional genomics Nutrient interactions
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	SCIENCE, SOCIETY, AND THE SUPERMARKET; CONTENTS; Preface; Acknowledgments; 1 NUTRITIONAL GENOMICS: OPPORTUNITIES AND CHALLENGES; 1.1 Introduction; 1.2 What is Nutritional Genomics?; 1.3 Methodology and Approach of this Book; 1.4 Opportunities and Challenges for Nutrigenomics; 1.4.1 Improved health; 1.4.2 Personalized dietary advice; 1.4.3 Improved diet; 1.4.4 More development of health-enhancing food products; 1.4.5 Consumer empowerment; 1.4.6 Reducing health disparities; 1.4.7 Health care savings; 1.5 Challenges and a Road Map of This Book; References 2 THE SCIENCE OF NUTRIGENOMICS AND NUTRIGENETICS2.1 Introduction; 2.2 The Scientific Context; 2.2.1 Nutrigenomics; 2.2.2 Nutrigenetics; 2.3 The Case of MTHFR; 2.4 Room for Improvement; 2.4.1 Study design; 2.4.2 Epigenetics; 2.4.3 SNPs and haplotypes; 2.4.4 Dietary intake assessment; 2.4.5 Biomarkers; 2.4.6 Susceptibility and predictions; 2.4.7 Analytical and clinical validity; 2.4.8 Clinical utility; 2.5 Science and Technology Assessment; 2.6 Conclusion; References; 3 THE ETHICS OF NUTRIGENOMIC TESTS AND INFORMATION; 3.1

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Sommario/riassunto

The new science of nutrigenomics and its ethical and societal challengesGene-diet interactions--which underlie relatively benign lactose intolerance to life-threatening conditions such as cardiovascular disease--have long been known. But until now, scientists lacked the tools to fully understand the underlying mechanisms that cause these conditions. In recent years, however, strides in human genomics and the nutritional sciences have allowed for the advancement of a new science--dubbed nutrigenomics. Although this science may lead to personalized nutrition and dietary recommendatio