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Sommario/riassunto

Aggression Replacement Training (ART) is a cognitive-behavioural intervention targeted to aggressive adolescents and children, which is being increasingly adopted worldwide. The outcome of the first major conference on the growing status of ART and its future directions, this book's coverage includes the cognitive-behavioural context of ART, the component procedures, various training approaches and program applications, research evaluations and 'extensions and elaborations'.
