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Altri autori (Persone)	BlackburnJames A., Ph. D. DulmusCatherine N
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Nota di contenuto	Preface -- About the editors -- Contributors -- ; pt. 1. Introduction -- ; 1. Global aging / Karen M. Sowers ; and William S. Rowe -- ; pt. 2. Evidence-based theory -- ; 2. Biological aspects and theories of aging / Laura J. Pankow ; and Jeffrey M. Solotoroff -- ; 3. Cognitive and affective theories of adult development / Bert Hayslip Jr. ; and Benjamin P. Chapman -- ; 4. Personality theories of successful aging / Natalie C. Ebner ; and Alexandra M. Freund -- ; 5. Wisdom, life-longings, and optimal development / Susanne Scheibe, Ute Kunzmann, ; and Paul B. Baltes -- ; 6. Sociological approaches to understanding age and aging / Debra A. Street -- ; pt. 3. Evidence-based health practice -- ; 7. Health promotion / Jill Bradshaw ; and Waldo C. Klein -- ; 8. Disability / Elizabeth Lightfoot -- ; 9. Sleep disturbances / Mary Ann Leitz -- ; 10. Sexuality and intimacy / Linda J. Brock ; and Glen Jennings -- ; 11. Depression / Leslie Hasche ; and Nancy Morrow-Howell -- ; 12. Substance abuse / Noell L. Rowan ; and Anna C. Faul -- ; 13.

Alzheimer's disease / Masahiro Shigeta ; and Akira Homma -- ; 14. Grief and bereavement / Robert O. Hansson, Bert Hayslip Jr., ; and Margaret S. Stroebe -- ; pt. 4. Evidence-based family and community practice -- ; 15. Parenting grandchildren / Hwa-Ok Hannah Park ; and Jan Steven Greenberg -- ; 16. Family caregiving / Rhonda J.V. Montgomery, Jeannine M. Rowe, ; and Karl Kosloski -- ; 17. Community- and facility-based care / Gretchen E. Alkema, Kathleen H. Wilber, ; and Susan M. Enguidanos -- ; 18. Elder abuse / Patricia Brownell ; and Gina R. Rosich -- ; 19. Health decisions and directives about end of life / Jay Wolfson ; and Rebecca Morgan -- ; pt. 5. Conclusion -- ; 20. Global challenges for an aging population / Jeanette C. Takamura -- Author index -- Subject index.

Sommario/riassunto

A multidisciplinary resource that combines the latest research with the best practices for working with older adults The Handbook of Gerontology: Evidence-Based Approaches to Theory, Practice, and Policy provides an essential source of important theoretical and applied information on gerontology for all mental health professionals interested in optimizing the health and well-being of older adults. Interdisciplinary and incorporating the most current evidence-based practices in its focus, this timely book considers the many factors that affect the way this growing population exp
