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signals and project organisation; 4.4 Analysis: Risk factors and risk groups; 4.5 Choice of development measures
4.6 Implementation of development actions 4.7 Evaluation; 4.8 Conclusions; Chapter 5 The Netherlands: A hospital, 'Healthy Working for Health'; 5.1 Introduction: Work stress in the Netherlands; 5.2 Introduction to the Waterland hospital; 5.3 Motives, signals and project organisation; 5.4 Analysis: Risk factors and risk groups; 5.5 Choice of measures; 5.6 Preparation and implementation of sub-projects; 5.7 Evaluation; 5.8 Follow-up; Chapter 6 Belgium: A pharmaceutical company; 6.1 Introduction: Work stress in Belgium; 6.2 Introduction to Janssen Pharmaceutica
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Sommario/riassunto

In a representative study made of European workers, twenty-eight per cent of employees reported that stress affects their health and their performance at work. Occupational stress is a serious problem for the performance of individuals, organisations and as a consequence, for national economies. Preventing Stress, Improving Productivity investigates the ways in which companies can combat stress by changing the working environment rather than only treating individual employees with stress symptoms. Costs and benefits of stress prevention are discussed, with an emphasis on approach
