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Altri autori (Persone)	SabateEduardo
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Nota di contenuto	Contents; Preface; Acknowledgement; Scientific writers; Introduction; Take-home messages; Section I - Setting the scene; Section II - Improving adherence rates: guidance for countries; Section III - Disease-specific reviews; Annexes; Where to find a copy of this book
Sommario/riassunto	Adherence to therapies is a primary determinant of treatment success. Poor adherence attenuates optimum clinical benefits and therefore reduces the overall effectiveness of health systems. "Medicines will not work if you do not take them". Medicines will not be effective if patients do not follow prescribed treatment, yet in developed countries only 50% of patients who suffer from chronic diseases adhere to treatment recommendations. In developing countries, when taken together with poor access to health care, lack of appropriate diagnosis and limited access to medicines, poor adherence is t