

1. Record Nr.	UNINA9910829009203321
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Titolo	Principles of skin care : a guide for nurses and other health care professionals / / Rebecca Penzer, Steven J. Ersler ; with contributions from Julie Van Onselen, Rachel Duncan, Jean Robinson
Pubbl/distr/stampa	Chichester, West Sussex, U.K. ; ; Ames, Iowa : , : Blackwell Pub., , 2010
ISBN	9786612550607 9781282550605 1282550608 9781444319804 1444319809 9781444319811 1444319817
Edizione	[1st ed.]
Descrizione fisica	1 online resource (298 pages) : illustrations
Altri autori (Persone)	Ersler Steven
Disciplina	616.50231
Soggetti	Dermatologic nursing Skin - Care and hygiene
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Acknowledgements; Chapter 1 Introduction; What is skin?; Skin health; What is in this book; Conclusion; References; Part 1 Fundamental principles of managing the skin; Chapter 2 Biology of the skin; Introduction; Skin structure; Functions of the skin; Skin and ageing; Conclusion; References; Chapter 3 Assessment and planning care; Introduction; Assessment; Planning care; Intervention; Evaluation; Conclusion; References; Chapter 4 Protecting the skin and preventing breakdown; Introduction; The concept of skin vulnerability; What causes skin breakdown?; Preventative practices Nursing intervention to support behavioural change (prevention) in relation to sun exposure; Nutrition to support skin integrity; Preventing skin damage by scratching; Conclusion; References; Chapter 5 Emollients; Introduction; Definition; Constituents of emollients; Potential side effects; Emollient formulations; How emollients work?; Considerations that will effect how patients use emollients; Conclusion;

References; Chapter 6 Psychological and social aspects of skin care; Introduction; Social impacts; Psychological impact; Nursing interventions; Conclusion; References
Chapter 7 Helping patients make the most of their treatment; Introduction; Self-management and patient support; The challenge of promoting treatment adherence; Prescribing skin-related products and opportunities for medicines education; Conclusion; References; Part 2 Principles of illness management; Chapter 8 Psoriasis; Introduction; History of psoriasis; Who gets psoriasis?; Biology of psoriasis; Comorbidities associated with psoriasis; Clinical variants of psoriasis; Physical symptoms that accompany psoriasis; Trigger factors in psoriasis; Treatments for psoriasis; Measuring quality of life Conclusion; References; Chapter 9 Eczema; Introduction; What is eczema?; Atopic eczema; What is eczema commonly mistaken for?; Eczema severity assessment; Caring for children with eczema; Other forms of eczema in adulthood; Contact dermatitis; Treatment options for eczema; Conclusion; References; Chapter 10 Acne; Introduction; What is acne?; Who gets acne and distribution; Treatments; Psychological impact; Conclusion; References; Chapter 11 Skin cancer and its prevention; Introduction; Skin cancer epidemiology: the scale of the problem; Pre-malignant skin lesions; Non-melanoma skin lesions Introduction to melanoma; Surgery; Causation, risk prevention and early detection; Nursing intervention and promoting self-examination; Conclusion; References; Chapter 12 Infective skin conditions and infestations; Introduction; Bacterial skin infections; Viral infections; Fungal infections; Infestations; Conclusion; References; Chapter 13 Less common skin conditions; Introduction; Blistering conditions; Connective tissue disorders; Drug reactions; Lichen planus; Pityriasis rosea; Primary cutaneous T-cell lymphomas; Rosacea; Urticaria; Vitiligo; Conclusion; References; Appendices; Appendix 1 - The psoriasis area severity index (PASI)

Sommario/riassunto

Principles of Skin Care is a practical, evidence-based guide to the principles of skin management and skin health. Broader than a dermatology book, this text focuses on the generic components of helping patients with skin conditions and exploring the underlying evidence base. It provides practitioners with the skills and information needed to become competent in caring for the skin, preventing skin breakdown, managing patients with common skin conditions and helping patients cope with the psychological impact of skin problems.
