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Nota di contenuto	Cover; Prelims; Contents; About the authors; Introduction; Chapter 1 What is severe mental illness?; Chapter 2 What treatments are used in severe mental illness?; Chapter 3 Systems of the body that are commonly affected in people with severe mental illness; Chapter 4 Common physical comorbidities in severe mental illness; Chapter 5 Cardiovascular disease in people with severe mental illness; Chapter 6 Problematic behaviours affecting health in people with severe mental illness; Chapter 7 How to use the Health Improvement Profile (physical health check tool) Chapter 8 Changing behaviour to improve healthAppendix 1 Health Improvement Profile (HIP) - Female; Appendix 2 Health Improvement Profile (HIP) - Male; References; Index
Sommario/riassunto	This practical guide, written by experts in mental health nursing, is designed to support healthcare practitioners in checking the physical health of people with severe mental illness (SMI). As life expectancy is reduced by 12 to 19 years in people with SMI, this patient group should receive a physical health check at least once a year. Yet many mental health practitioners have not been trained to assess their physical health needs, and even when such training is offered it may be difficult to access it because of clinical workloads. The Health Improvement

Profile (HIP) provides an efficient, ef

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