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Titolo	Reducing stress-related behaviours in people with dementia : care-based therapy // Chris Bonner
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2005
ISBN	1-280-34948-4 9786610349487 1-84642-141-1
Edizione	[1st American pbk. ed.]
Descrizione fisica	1 online resource (94 p.)
Disciplina	616.8/3
Soggetti	Dementia - Patients - Care Dementia - Patients - Psychology Dementia - Patients - Institutional care Stress in old age
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Stress factors -- Results of stress -- Preventing/minimizing stress -- Find out as much as you can about the person -- Apply appropriate practices to minimize stress -- Addressing stress-related responses -- Hostile verbal and physical responses -- Verbally agitated behaviours -- Wandering -- Intrusiveness, rummaging or picking behaviour -- Managing feeding problems -- Managing inappropriate sexual activity -- Managing sleep disturbance -- Factors affecting sleep in elderly people with dementia -- Interventions to improve sleep -- Importance of teamwork, training and support.
Sommario/riassunto	This practical book provides simple ways to reduce stress-related behaviours in people with dementia. The author suggests strategies for managing problems with feeding, bathing, toileting and sleep, looks at how to understand and cope with wandering, agitation and inappropriate sexual activity, and discusses ways of defusing aggressive behaviour.