

1. Record Nr.	UNINA9910828780903321
Autore	Ratner Harvey
Titolo	Solution focused brief therapy : 100 key points and techniques // Harvey Ratner, Evan George, and Chris Iveson
Pubbl/distr/stampa	Hove, East Sussex ; ; New York, NY, : Routledge, 2012 Hove, East Sussex ; ; New York, NY : , : Routledge, , 2012
ISBN	1-136-29960-2 9786613833617 1-136-29961-0 1-283-52116-4 0-203-11656-9
Edizione	[1st ed.]
Descrizione fisica	1 online resource (268 p.)
Collana	100 key points
Classificazione	PSY028000PSY036000
Altri autori (Persone)	GeorgeEvan <1951-> IvesonChris
Disciplina	616.89/147
Soggetti	Solution-focused brief therapy Solution-focused therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	pt. 1. Background -- pt. 2. Features of solution focused interviewing -- pt. 3. Getting started -- pt. 4. Establishing a contract -- pt. 5. The client's preferred future -- pt. 6. When has it already happened? : instances of success -- pt. 7. Measuring progress : using scale questions -- pt. 8. Coping questions : when times are tough -- pt. 9. Ending sessions -- pt. 10. Conducting follow-up sessions -- pt. 11. Ending the work -- pt. 12. Assessment and safeguarding -- pt. 13. Children, families, schools, and groupwork -- pt. 14. Work with adults -- pt. 15. Supervision, coaching, and organizational applications -- pt. 16. Frequently asked questions.
Sommario/riassunto	"Solution Focused Brief Therapy: 100 Key Points and Techniques provides a concise and jargon-free guide to the thinking and practice of this exciting approach, enabling people to make changes in their lives quickly and effectively. It covers: - This history and background to solution focused practice - The philosophical underpinnings of the approach - Dealing with difficult situations - Specific applications to

children, adolescents, families, and schools - Organisational applications including supervision, coaching and leadership. - Frequently asked questions This book is an invaluable resource for all therapists and counsellors, whether in training or practice. It will also be essential for any professional whose job it is to help people make changes in their lives, and will therefore be of interest to social workers, probation officers, psychiatric staff, doctors, and teachers, as well as those working in organisations as coaches and managers"--
