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Titolo	The tidal model : a guide for mental health professionals // Phil Barker and Poppy Buchanan-Barker
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Descrizione fisica	1 online resource (294 p.)
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Altri autori (Persone)	Buchanan-BarkerPoppy
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Soggetti	Mental health - Philosophy Mental illness - Philosophy Psychology, Pathological - Philosophy
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [262]-271) and index.
Nota di contenuto	Tales of shipwrecks and castaways -- Philosophical assumptions : a credo -- Throwing out the lifelines : the meaning of caring -- Manning the lifeboats : the tidal model in practice -- A map of the territory -- The self domain : the need for emotional security -- The assessment of suicide risk -- Bridging : engaging with the self in crisis -- The world domain : planning holistic care -- The others domain : an anchor in the social world -- The lantern on the stern : individual care -- All hands to the pumps : group care -- Making waves : theoretical and philosophical undercurrents -- Origins and developments : in the shallows and in the deep -- The voyage from recovery to reclamation -- The compass : the ten commitments.
Sommario/riassunto	The Tidal Model represents a significant alternative to mainstream mental health theories, emphasising how those suffering from mental health problems can benefit from taking a more active role in their own treatment. Based on extensive research, The Tidal Model charts the development of this approach, outlining the theoretical basis of the model to illustrate the benefits of a holistic model of care which

promotes self-management and recovery. Clinical examples are also employed to show how, by exploring rather than ignoring a client's narrative, practitioners can en
