1. Record Nr. UNINA9910828605903321 Autore Forrest Gary G. Titolo Self-disclosure in psychotherapy and recovery / / Gary G. Forrest; foreword by William Glasser Pubbl/distr/stampa Lanham, Maryland;; Plymouth, England:,: Jason Aronson,, 2010 ©2010 **ISBN** 0-7657-0728-4 Descrizione fisica 1 online resource (165 p.) Disciplina 616.89/14 Soggetti Self-disclosure Psychotherapy - Methodology Psychotherapist and patient Substance abuse - Patients - Counseling of Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Self-Disclosure In Psychotherapy And Recovery; Contents; Foreword; Preface; Acknowledgments; Chapter One Introduction; Chapter Two Self-Disclosure in Counseling and Psychotherapy: Chapter Three Therapist Theoretical-Orientation and Self-Disclosure in Psychotherapy: Chapter Four The Effects of Therapist and ClientSelf-Disclosure in Psychotherapy: Chapter Five Ethics and Therapist Self-Disclosurein Psychotherapy: Chapter Six Self-Disclosure, Addiction, and the Recovery Process; Chapter Seven Therapist and Client Self-Disclosurein Chemical Dependency Counseling Chapter Eight Client and Therapist Perspectives on Self-Disclosure and RecoveryBibliography; Index; About the Author Sommario/riassunto Self-Disclosure in Psychotherapy and Recovery elucidates a diversity of self-disclosure topics that pertain to a wide range of issues impacting every facet of the process and outcome of psychotherapy relationships. This book represents a seminal contribution to the counseling and psychotherapy literature specific to chemical dependency counseling,

addictions-focused therapy, and the self-help based recovery model.