Record Nr. UNINA9910828506403321 Autore Mearns Dave Titolo Person-centred counselling training / / Dave Mearns London,: SAGE Publications, 1997 Pubbl/distr/stampa **ISBN** 9786612337376 0-7619-5290-X 1-4462-3404-5 1-282-33737-8 1-84920-820-4 Edizione [1st ed.] Descrizione fisica 1 online resource (xvii, 227 p.) Disciplina 616.89/14/071 Soggetti Client-centered psychotherapy - Study and teaching Counseling - Study and teaching Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Contents; Introduction; 1 - What Does 'Person-Centred' Mean?; 2 - Meeting the Client at Relational Depth; 3 - Central Dynamics in Person-Centred Counselling Training; 4 - Selecting and Supporting Trainers: 5 - Selecting Course Members: 6 - Counselling Experience Supported by Supervision; 7 - Personal Development during Training; 8 - Skill Development; 9 - Understanding Theory; 10 - The Large Group Meeting: 11 - Professional Issues: 12 - Variations for Counselling Skills Courses; 13 - Looking Back and Looking Forward; References; Index Designed for specific courses in person-centred counselling this book Sommario/riassunto is the first text to tackle training in this field and speaks equally to

trainers and trainees.