Record Nr. UNINA9910828498503321 Integrative women's health / / edited by Victoria Maizes, Tieraona Low **Titolo** Dog Pubbl/distr/stampa Oxford;; New York,: Oxford University Press, 2010 **ISBN** 0-19-988862-0 0-19-934880-4 1-282-54381-4 9786612543814 0-19-970262-4 Edizione [1st ed.] Descrizione fisica 1 online resource (713 p.) Weil integrative medicine library Collana Altri autori (Persone) MaizesVictoria Low DogTieraona Disciplina 613.04244 Soggetti Women - Health and hygiene Integrative medicine Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Contents; Contributors; I: Lifestyle; II: Systems and Modalities; III: Reproductive Health; IV: Common Illnesses in Women; Index Women have made it clear that they desire a broader, integrative Sommario/riassunto approach to their care. Here, for the first time, Integrative Women's Health weaves together the best of conventional treatments with mindbody interventions, nutritional strategies, herbal therapies, dietary supplements, acupuncture, and manual medicine, providing clinicians with a roadmap for practicing comprehensive integrative care. Presenting the best evidence in a concise, accessible format, and written exclusively by female clinicians, this text addresses many aspects of women's health, including feminine perspectives on a