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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Preface; 1 - Introduction; Part I: A Practitioner's Awareness of Her Own Worldview; 2 - Intrapersonal Communication (Inner Dialogue); 3 - Assessment of a Practitioner's Values, Beliefs, and Biases; Part II: A Practitioner's Awareness of Systematic Oppression/Privilege and Internalized Oppression/Privilege; 4 - Racism; 5 - Sexism; 6 - Heterosexism; 7 - Classism; 8 - Ableism; 9 - Other "Isms" Due to Age, Language, Religion, and Region; 10 - Deconstructing Inappropriate Hierarchical, Dichotomous, and Linear Thinking Styles/Patterns Part III: A Practitioner's Awareness of the Client's Worldview 11 - Identity Development; 12 - Multiple Identities; 13 - Culturally Appropriate Assessment; 14 - Culturally Appropriate Treatment/Healing; References; Index; About the Author
Sommario/riassunto	This book takes a new approach to teaching students to think and learn about issues of race and diversity. Aiming to break down traditional categorisations of racial groupings such as African Americans, it focuses on teaching students to think and learn in a multidimensional, rather than in a linear fashion.

