

1. Record Nr.	UNINA9910828099603321
Titolo	Health of HIV infected people . Volume II, : food, nutrition and lifestyle without antiretroviral drugs // edited by Ronald Ross Watson
Pubbl/distr/stampa	Amsterdam, [Netherlands] : , : Academic Press, , 2015 ©2015
Descrizione fisica	1 online resource (421 p.)
Disciplina	616.979206
Soggetti	AIDS (Disease) - Alternative treatment HIV-positive persons - Health and hygiene Antiretroviral agents
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Front Cover; Health of HIV infected People; Copyright Page; Contents; Preface; List of Contributors; Acknowledgement; I. Overview and Food; 1 Dietary Supplements Among People Living with HIV and Vulnerability to Medical Internet Misinformation; 1.1 Section 1: Complementary and Alternative Medicine Use Among People Living with HIV; 1.2 Section 2: Correlates of CAM Use Among People Living with HIV; 1.3 Section 3: Efficacy and Utility of CAM for People Living with HIV; 1.4 Section 4: Disclosure of CAM Use to Standard HIV Care Providers 1.5 Section 5: Seeking Information About Herbal Supplements and Other CAM1.6 Section 6: Recommendations for Patients; 1.7 Section 7: Recommendations for Providers; 1.8 Section 8: Recommendations for Researchers; 1.9 Section 9: Summary; Acknowledgment; References; 2 Eating Coffee Candy: HIV Risk at Huli Funerals; 2.1 Method; 2.2 Results: Eating Coffee and Candy at Huli Funerals; 2.3 Discussion: "Eat and Die"; 2.4 Responses; References; 3 Infant Feeding Policies and HIV; 3.1 Introduction; 3.2 To Breastfeed or Not to Breastfeed? Is That the Right Question? 3.2.1 Quantifying the Magnitude of Breastfeeding-Associated HIV Infection3.2.2 Quantifying the Magnitude of Risks Associated with Not Breastfeeding; 3.2.3 How Do the Numbers Stack Up?; 3.3 Harm

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Sommario/riassunto

Health of HIV Infected People: Food, Nutrition and Lifestyle Without Antiretroviral Drugs defines the supportive roles of bioactive foods, exercise, and dietary supplements on the health of HIV infected people who do not have access to resources or those who choose not to utilize antiretroviral drugs. Approaches such as the application of traditional herbs and foods are given careful definition by experts who define the risks and benefits of such practices within this important context. Readers learn how to treat or ameliorate the effects of chronic retroviral disease using readily avai
