1. Record Nr. UNINA9910828050403321 Autore Nayar Kamala E (Kamala Elizabeth), <1966-> Titolo The socially involved renunciate [[electronic resource]]: Guru Nanak's Discourse to the Nath yogis / / Kamala Elizabeth Nayar and Jaswinder Singh Sandhu Albany, : State University of New York Press, c2007 Pubbl/distr/stampa **ISBN** 0-7914-7950-1 1-4356-0646-9 Descrizione fisica 1 online resource (199 p.) Altri autori (Persone) SandhuJaswinder Singh <1973-> Nanak, Guru, <1469-1538.> 294.6/82 Disciplina Soggetti Spiritual life - Sikhism Renunciation (Philosophy) Asceticism - Natha sect Moksa Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Note generali Bibliographic Level Mode of Issuance: Monograph Nota di bibliografia Includes bibliographical references (p. 173-176) and index. Nota di contenuto Front Matter -- Contents -- Illustrations -- Preface -- Note on Translation -- Introduction -- The Quest for Liberation in Indian Religions -- Setting the Stage for Siddh Go -- The Nath Tradition and Hath-Yoga -- Guru Nånak: Doctrine, Hagiography, and History --The Context of Siddh Go -- The Meaning of Guru Nanak's Siddh Go -- Guru Nånak's Worldview: Theory and Practice -- Renunciation and Social Involvement in Siddh Go -- Siddh Go Discourse to the Nåth Yogis, An English Translation -- Discourse to the Nåth Yogis, An English Translation -- Notes -- Glossary of Punjabi Terms --Bibliography -- Index The Socially Involved Renunciate is an in-depth analysis and an original Sommario/riassunto English translation of the Siddh Gos, a fundamental philosophical text of the Sikh tradition. The work reflects the distinctive worldview of Sikhism, the only major Indian religion that does not regard asceticism as a legitimate path to liberation. Composed by Guru Nnak, a medieval,

north Indian saint-poet and venerated founder of the Sikh tradition, the Siddh Gos is a dialogue between Guru Nnak and several Nth yogis

who had been pursuing a rigorous path of hath-yoga as renunciates of the material world. Through their dialogue, Guru Nnak teaches the Nth yogis a spiritual path that also includes involvement in the social world and offers a practical way to achieve liberation. In The Socially Involved Renunciate, Kamala Elizabeth Nayar and Jaswinder Singh Sandhu provide background on Sikhism, highlight the ethical teachings expounded in the Siddh Gos, and demonstrate how Guru Nnak reconciles the polarities of the ascetic and householder ideals.