1. Record Nr. UNINA9910827886603321

Autore Campany Robert Ford <1959->

Titolo To live as long as heaven and earth [[electronic resource]]: a

translation and study of Ge Hong's traditions of divine transcendents /

/ Robert Ford Campany

Pubbl/distr/stampa Berkeley, : University of California Press, c2002

ISBN 1-283-27702-6

9786613277022 0-520-92760-5 1-59734-959-3

Edizione [1st ed.]

Descrizione fisica 1 online resource (637 p.)

Collana Daoist classics ; ; 2

Altri autori (Persone) GeHong <284-364.>

Disciplina 299/.51423

Soggetti Taoists - China

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Note generali Description based upon print version of record.

Nota di bibliografia Includes bibliographical references (p. 553-579) and index.

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Sommario/riassunto In late classical and early medieval China, ascetics strove to become

transcendents--deathless beings with supernormal powers.

Practitioners developed dietetic, alchemical, meditative, gymnastic, sexual, and medicinal disciplines (some of which are still practiced today) to perfect themselves and thus transcend death. Narratives of

their achievements circulated widely. Ge Hong (283-343 C.E..) collected and preserved many of their stories in his Traditions of Divine Transcendents, affording us a window onto this extraordinary response to human mortality. Robert Ford Company's groundbreaking and carefully researched text offers the first complete, critical translation and commentary for this important Chinese religious work, at the same time establishing a method for reconstructing lost texts from medieval China. Clear, exacting, and annotated, the translation comprises over a hundred lively, engaging narratives of individuals deemed to have fought death and won. Additionally, To Live as Long as Heaven and Earth systematically introduces the Chinese quest for transcendence, illuminating a poorly understood tradition that was an important source of Daoist religion and a major social, cultural, and religious phenomenon in its own right.