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maternal and child health"; ""2.7 Healthy eating and management of HIV for well-being and longevity"; ""2.8 Management of co-morbidities and serious non-HIV conditions"; ""2.9 End-of-life care and ethical issues"; ""References""

""Section 2: PAEDIATRIC NUTRITION, MATERNAL AND CHILD HEALTH"""  
3: Malnutrition, Infant Feeding, Maternal and Child Health"; ""3.1 Introduction"; ""3.2 Maternal health and nutrition"; ""3.3 Mother-to-child transmission"; ""3.4 Infant feeding in the context of HIV"; ""3.5 Malnutrition in children with HIV"; ""Acknowledgements""; ""Further reading""; ""References""; ""4: Paediatric Nutritional Screening, Assessment and Support""; ""4.1 Introduction""; ""4.2 Nutritional assessment and screening""; ""4.3 Dietary assessment - what to do""; ""4.4 Nutritional support""; ""Acknowledgements""

""References"""  
5: Adherence, Symptom Management, Psychological Aspects and Multidisciplinary Care of Children with HIV"; ""5.1 Transmission of HIV in children and young people""; ""5.2 Prevention of mother-to-child transmission (vertical transmission)""; ""5.3 Clinical presentation of paediatric HIV infection""; ""5.4 Failure to thrive""; ""5.5 Central nervous system""; ""5.6 Hepatosplenomegaly""; ""5.7 Older children""; ""5.8 HIV disease and opportunistic infections""; ""5.9 Prophylaxis""; ""5.10 Antiretroviral treatment for children""; ""5.11 Monitoring of paediatric HIV infection""

""5.12 Caring for children and their families in the community"""  
5.13 Adherence, symptom management, psychological aspects and multidisciplinary care of children with HIV and AIDS"; ""5.14 Nutritional care in a multidisciplinary team setting""; ""5.15 The psychological effects of HIV on family functioning - key themes which arise in a child setting""; ""Acknowledgements""; ""References""; ""6: Healthy Eating, Prevention and Management of Obesity and Long-Term Complications in Children""; ""6.1 Introduction""; ""6.2 Metabolic complications""; ""6.3 Malnutrition and HIV""

""6.4 Micronutrients and HIV""

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## Sommario/riassunto

Today over 40 million adults and children worldwide are infected with HIV, however knowledge of the disease has increased greatly and the prognosis is now good for those with access to anti-retroviral treatment. For many, HIV is now a long-term chronic condition and with decreased mortality, patient requirements and disease patterns have changed, making it increasingly apparent to health care professionals that the treatment of HIV should include optimum nutrition and healthy lifestyle interventions to help sufferers lead long and healthy lives. In this essential new book an international team of authors under the editorship of Specialist HIV Dietitian Vivian Pribram bring together the latest research to provide the practicing dietitian and nutritionist with a practical guide to the nutritional care of the HIV and AIDS patient. Students and other health care professionals working and studying this area will also find Nutrition and HIV an important and valuable resource.

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