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Titolo	The quick guide to wild edible plants : easy to pick, easy to prepare // Lytton John Musselman and Harold J. Wiggins
Pubbl/distr/stampa	Baltimore : , : The Johns Hopkins University Press, , 2013
ISBN	1-4214-0872-4
Descrizione fisica	1 online resource (145 p.)
Disciplina	641.3/03
Soggetti	Wild plants, Edible - East (U.S.) Cooking (Wild foods) - East (U.S.)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Wild plants as food -- Before you begin -- Emergency food -- How to use this book -- Guidelines for using the recipes -- About flavorings, sweeteners, and oils -- Beverages -- Recipes for failure -- Deadly harvest: plants you should avoid -- Poison ivy, Poison oak, Poison sumac -- Poison hemlock -- Mushrooms -- Nature's storehouse of edible plants -- Condiments -- Sassafras -- Field garlic -- Aperitifs -- Swamp bay -- Red spruce -- Greens -- Chicory -- Curly dock -- Glasswort -- Kudzu -- Stinging nettle -- Black walnut -- Starches -- American lotus -- Arrowhead -- Groundnut -- Nut sedge -- Oak -- Softstem bulrush -- Spring beauty -- Grains and grainoids used like grains -- Cane -- Manna grass -- River oats -- Yellow pond lily -- Flowers -- Black locust -- Cattail -- Orange day lily -- Redbud -- Sweets -- Indian strawberry -- Pawpaw -- Cordials -- Blueberries -- Mushrooms -- Oyster mushroom -- Chicken of the woods -- Puffballs.