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Titolo	Attack of the teenage brain! : understanding and supporting the weird and wonderful adolescent learner / / John Medina
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Descrizione fisica	1 online resource (223 pages) : illustrations
Collana	Gale eBooks
Disciplina	370.15/23
Soggetti	Learning, Psychology of Adolescent psychology Executive functions (Neuropsychology) Cognition in adolescence Teenagers - Education
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. A bridge over an educational chasm -- pt. 2. Why rational teens make rash choices -- pt. 3. A better school for the teen brain : what adults can do -- pt. 4. Better school for the teen brain : what teens can do (and how adults can help).
Sommario/riassunto	This book explores the neurological and evolutionary factors that drive teenage behavior and can affect both achievement and engagement. The author proposes a redesign of educational practices and learning environments to deliberately develop teens' cognitive capacity to manage their emotions, prioritize, and focus.