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Nota di contenuto	Cover; Half Title; Title Page; Copyright Page; Dedication; Table of Contents; Figures, Tables and Plates; Acknowledgements; Abbreviations and Acronyms; 1. Introduction; 2. The Object of Nightingales: design values for a meaningful material culture; Naturalistic materialism and human values; Meaning and its relationship to values; Meaning, values and design; 1. A basis for values; 2. Values for meaningful design decision-making; 3. Ethically questionable, unsustainable design practices; 4. Ethical, sustainable design decision-making; Conclusions 3. Design on a Darkling Plain: transcending utility through questions in form The value of products; Where value lies and the trivialization of material culture; Intrinsic value of objects and a more consequential notion of design; Sustainability, inner meaning and symbolism; Sustainability, symbolism and designing; Propositional objects; Conclusions; 4. Contemplative Objects: artefacts for challenging convention and stimulating change; Progress and products;

Transcending the status quo; Objects for reflection; Contemplative objects; What we hold most dear; Contemplating objects; Design's eye
5. Design and Spirituality: creating material culture for a wisdom economy
The demise and nascent return of spirituality; Perspectives on spirituality;
Worldviews, human needs and levels of meaning; Human needs; Levels of meaning; The spiritual understanding; Spirituality, contemplation and the creative process; Implications for design; Towards a wisdom economy; 6. The Narrow Door to Sustainability: from practically useful to spiritually useful artefacts; Extending design's ambit; Beyond the prosaic; The inner path and sustainability; Design shift; From theory to practice

A spiritually useful, post-materialist, trans-religious object
Conclusions; 7. A Form of Silence: design for doing no-thing; Obstacles to change; Avenues for change; Extrinsic avenues for change; Intrinsic avenues for change: a changed outlook; Implications of a changed outlook for design; Stonework: an exemplar object; Conclusions; 8. A New Game: function, design and post-materialist form; Context, story and the value of objects; Spirituality, virtue and sustainability in human activities; Nature and the spiritual self; Values and priorities expressed through form

A propositional design for sustainability: the Balanis chess set
Materials; Design outcome; Conclusions; 9. Epilogue; Notes; Bibliography; Index

Sommario/riassunto

What is the relationship between design, sustainability, inner values and spirituality? How can we create designs that provide a convincing alternative to unsustainable interpretations of progress, growth, consumerism and commercialism? Building on the arguments first advanced in his widely acclaimed books *Sustainable by Design* and *The Spirit of Design*, Stuart Walker explains how we can achieve the systemic changes needed to address the challenges of sustainability. Challenging common assumptions about the nature of our contemporary material culture and its r
