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Nota di contenuto	Studio Art Therapy: Cultivating the Artist Identity in the Art Therapist; Contents; Foreword; Acknowledgments; Author's Notes; 1 Introduction; 2 How We Conceive of the Work We Do; 3 The Process of Cultivating an Artist Identity; 4 Creating the Studio Space; 5 Responding to Clients through the Poetry of Their Lives; 6 A Relational Aesthetic; 7 Influence of an Artistic Perspective on Therapeutic Work; 8 Role of the Therapist as Artist; 9 Communicating with Others about the Work We Do; 10 Art Therapy and Social Responsibility; Epilogue; References; Subject Index; Author Index
Sommario/riassunto	This book presents a model of art therapy where the processes of art constitute the core of the model. It addresses how an arts-based approach can inform the therapist in all aspects of practice, from the conception of the work and the attempt to understand client needs to interacting with clients and communicating with others about art therapy.