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Altri autori (Persone)	HeapMichael
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Nota di contenuto	Front cover; Half title; Title; Copyright; Praise for this book; Contents; The editor and contributors; Preface to the second edition; Preface to the first edition; Acknowledgement; 1 Introduction to hypnosis; 2 Role and uses of hypnosis in psychological treatment; 3 Hypnotherapy and anxiety; 4 Hypnotherapy and depression; 5 Hypnotherapy in medicine; 6 Hypnotherapy with children; 7 Hypnotherapy and pain; 8 Hypnotherapy and smoking, weight loss, and alcohol and drug abuse; 9 Hypnotherapy and sexual problems; 10 Hypnotherapy and eating disorders; 11 Hypnotherapy in dentistry; Author index Subject indexAdverts; Back cover
Sommario/riassunto	The book introduces readers to the subject of hypnosis before looking at its use in practice for those with psychological or physical problems.