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Titolo	Teaching anger management and problem-solving skills / / Brian Marris and Tina Rae
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Collana	Lucky Duck Books
Altri autori (Persone)	RaeTina
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Soggetti	Anger in children Problem solving in children School discipline Counseling in elementary education
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	COVER; Contents; Introduction and Rationale; Case Study; References; Session 1 - Being Excluded; Session 2 - Focus on Anger; Session 3 - Setting Targets; Session 5 - Learning to Relax; Session 6 - Coping with Loss and Taking Time Out; Session 7 - Talking Through Problems; Session 8 - Using 'I' Messages; Session 9 - Problem-solving using Traffic Lights; Session 10 - Focusing on the Future and Target Setting; CD-Rom Worksheets
Sommario/riassunto	Based on the work of the Hillingdon Tuition Centre, this is a practical, innovative and useful resource for nine to 12 year olds whose behaviour is causing concern.