Record Nr. UNINA9910827560503321 Autore Wilson Donna (Psychologist) **Titolo** Teaching students to drive their brains: metacognitive strategies, activities, and lesson ideas / / Donna Wilson, Marcus Conyers Pubbl/distr/stampa Alexandria, Virginia USA:,: ASCD,, [2016] 2016 **ISBN** 1-4166-2214-4 1-4166-2213-6 Descrizione fisica 1 online resource (xiii, 135 pages): illustrations Collana Gale eBooks Disciplina 370.1523 Learning, Psychology of Soggetti Metacognition Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Introduction to metacognition; 1: The case for teaching for and with metacognition; 2: Metacognition and the learning brain; 3: Practical optimism to improve motivation and productivity; 4: Goal setting and planning for learning; 5: Selective attention and working memory; 6: Strategies for self-monitoring and learning with peers: 7: Start and finish strong with metacognition. Sommario/riassunto In this book, the authors explain metacognition and how it equips students to meet today's rigorous education standards. They present a unique blend of useful metaphors, learning strategies, and instructional tips you can use to teach your students to be the boss of their brains.